

Pelago



Make it a holiday season to remember

Feel empowered to make healthier decisions with Pelago by your side.

- ✓ Alcohol, tobacco, and opioid programs
- ✓ 24/7 online access
- ✓ Personalized action plan
- ✓ 1:1 support
- ✓ Progress and goal tracking
- ✓ On-demand resources



Claim your health benefit:



Scan the QR code or visit pelago.health/bbu



Create an account



Download and log in to the Pelago app

SCAN ME!



Pelago is available at no cost to you and your eligible dependents.