

Pelago



Real care for real life

The holidays can be a lot. Pelago, your confidential Bimbo Bakeries USA benefit, can help you check in, feel better, and take care of yourself.



24/7 digital
access






1:1 guidance



Practical
tools



Programs:  Alcohol |  Tobacco and nicotine |  Opioid

Get started today

Scan the QR code or visit pelago.health/bbu

SCAN ME!



Pelago is available at no cost to you and your eligible dependents.